Course Syllabus

Code - Course Title	**RPD619 - Integrative Approaches in Psychotherapy**
Course Type	I. SEMESTER
Laboratory + Practice	3+0
ECTS	**7.5**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	PROF. DR. BAHTİYAR ERASLAN ÇAPAN

Mode of Delivery	Face to face
Prerequisites	None
Courses Recomended	Counseling Skills, Counseling Theories
Recommended Resources	Prochaska, J. O. & Norcross, J. C. (2010). Systems od Psychotherapy: A Transtheoretical Analysis. Belmont CA: Brooks/Cole Gengage Larning.Wachtel, P. L. (2011 .) İlişkisel Kuram ve Psikoterapi Uygulamaları. İstanbul: Litera Yayıncılık.Evans, K. R. & Gilbert, M. C. (2012). Bütüncül Psikoterapiye Giriş. İstanbul: Psikoterapi Enstitüsü Yayınları.Wachtel, P. L. (2013). Terapinin Dili. İstanbul: Psikoterapi Enstitüsü Yayınları.Ryle, A. & Kerr, I. B. (2002). Introducing Cognitive-Analytic Therapy: Principles and Practice. New York: John Wiley & Sons. Inc.Lazarus, A. (1989). The Practice of Multimodal Therapy: Sistematic, Comprehensive and Effective Psychotherapy. Baltimore, Maryland: The Johns Hopkins University Press.
Work Placement	None

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		The History of Integration in Psychotherapy	
Week - 2		Psychodynamic Psychotherapies - Current Trends	
Week - 3		Psychodynamic Psychotherapy Theories: Drive conflict theory	
Week - 4		Object relations theory	
Week - 5		Transference-focused therapy	
Week - 6		Masterson's Approach: The Theory of Separation-Individualization	
Week - 7		Kohut's Theory of Self Psychology	
Week - 8		Cognitive Behavioral Psychological Counseling Theories and Schema Therapy Theory	
Week - 9		The Common Factors Approach, The Theme of Central Conflict in Relationships (L. Luborsky)	
Week - 10		Technical Eclecticism - Multidimensional Psychotherapy (A. Lazarus)	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 11		Theoretical Integration (JC Norcross)	
Week - 12		Circular Psychodynamic and Integrative Relational Psychotherapy (P. Wachtel)	
Week - 13		Transtheoretical Approach (JO Prachaska)	
Week - 14		Combined Psychotherapy (J. Magnavita)	

Learning Outcomes

#	Learning Outcome
1	He/She is familiar with the origins, historical development, and current state of holistic approaches.
2	They know the theoretical foundations and basic concepts of holistic psychological counseling approaches.
3	It describes how case conceptualization, consultation planning, and evaluation processes are carried out in each of the holistic approaches.
4	It explains the methods and techniques used in holistic approaches.
5	They understand the effectiveness of holistic approaches and the aspects that are open to criticism.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.