Course Syllabus

Code - Course Title	**RPD621 - Grief and Bereavement Therapy**
Course Type	II. SEMESTER
Laboratory + Practice	3+0
ECTS	**7.5**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	DOÇ. DR. BİRCAN ERGÜN BAŞAK

Mode of Delivery	Face tp Face
Prerequisites	N/A
Courses Recomended	N/A
Recommended Resources	Worden, J. W. (2018). Grief counseling and grief therapy: A handbook for the mental health practitioner (5. baskı). NY: Springer Publishing Company.Bowlby, J. (1980). Attachment and loss. New York: Basic Books.Volkan, V. D. ve Zintl, E. (2019). Kayıptan Sonra Yaşam: Komplike Yas ve Tedavisi. Pusula Yayınevi.Humphrey, K. (2022). Counseling Strategies for Loss and Grief. American Counseling Association Publication.Kübler-Ross, E., & Kessler, D. (2005). On grief and grieving: Finding the meaning of grief through the five stages of loss. Simon and Schuster.
Work Placement	N/A

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Basic Concepts and Philosophical Foundations	
Week - 2		The History and Sociocultural Development of the Concept of Death	
Week - 3		Psychoanalitical Grief Theory	
Week - 4		Attachment Theory and Stages of Grief	
Week - 5		The Dual Process Model and Meaning Construction	
Week - 6		Continuing Bonds Theory	
Week - 7		Midterm exam	
Week - 8		Factors Affecting the Grief Process	
Week - 9		Complex Bereavement and Prolonged Grief Disorder	
Week - 10		Unexpected Deaths, Suicide, Homicide, and Mass Traumas	
Week - 11		Special Forms of Grief: Indeterminate Loss, Unjustified Grief, and Secondary Losses	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 12		Grief in Different Developmental Stages (Childhood, Adolescence, Adulthood and Old Age)	
Week - 13		Intervention Methods in Grief Therapy	
Week - 14		Final Exam	

Learning Outcomes

#	Learning Outcome
1	Can explain the concepts of loss, grief, and mourning.
2	Can compare classical and contemporary theories of grief; can discuss the strengths, limitations, and alignment with research findings of these theories.
3	Can explain the perception of death within its historical and sociocultural context; can assess the impact of the cultural context on the experience of grief.
4	Explain the diagnostic criteria, risk factors, and differential diagnostic challenges of complicated grief and prolonged grief disorder within the framework of relevant classification systems (DSM-5-TR, ICD-11).
5	Can address traumatic losses, specific forms of grief, and developmental grief reactions from a holistic perspective; gain an understanding of context-specific intervention principles.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.