Course Syllabus

Code - Course Title	**YAB223 - Educational Games for Older Adults**
Course Type	III. SEMESTER
Laboratory + Practice	1+1
ECTS	**2.0**
Language of Instruction	Türkçe
Course Type	Area Elective Courses
Course Instructor(s)	ÖĞR. GÖR. DİLARA EBRU UÇAR YILDIZER

Mode of Delivery	This course is conducted both theoretically and practically.
Prerequisites	Since this course includes both theoretical and practical components, students are required to bring sportswear and athletic shoes when attending.
Courses Recomended	Calisthenic Exercise Approaches in Older Adults
Recommended Resources	WHO (2020). Active Ageing: A Policy Framework.Cavanaugh, J. C., & Blanchard-Fields, F. (2018). Neuroscience as a basis for adult development and aging.
Work Placement	There is no internship/practicum component.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Course Introduction and the Concept of Educational Games	
Week - 2		The Relationship Between Physical, Cognitive, and Social Activities in Older Adults	
Week - 3		The Contribution of Educational Games to the Health of Older Adults	
Week - 4		Games for Group Dynamics and Teamwork	
Week - 5		Games That Promote Physical Activity	
Week - 6		Game Applications That Support Cognitive Functions	
Week - 7		Educational games for improving balance, coordination, and reaction time	
Week - 8		Games That Improve Memory and Attention	
Week - 9		Safety and Risk Management in Educational Games	
Week - 10		Planning Recreational and Fun Games	
Week - 11		Balance and Coordination Games	
Week - 12		Games for Social Interaction and Psychosocial Support	
Week - 13		Organization of Educational Game Activities for Older Adult Groups	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 14		Design and implementation of educational game programs for older adults	

Learning Outcomes

#	Learning Outcome
1	Explains the concept of educational games and their contribution to the health of older adults. Understands the importance of physical activity through educational games in older adults. Explains the effects of educational games on cognitive functions. Applies educational games that support social interaction. Plans games that enhance teamwork. Creates a safe game environment for older adult groups. Applies educational games that improve memory and attention. Applies games focused on balance and coordination. Plans educational game activities for older adults comprehensively.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.