Course Syllabus

Code - Course Title	**PSİ446 - Health Psychology II**
Course Type	VIII. SEMESTER
Laboratory + Practice	3+1
ECTS	**5.0**
Language of Instruction	İngilizce
Course Type	Area Elective Courses
Course Instructor(s)	DR. ÖĞR. ÜYESİ TUĞÇE GÜNDÜZ KÖSEOĞLU

Mode of Delivery	Face to face
Prerequisites	To have passed the course “Research Methods in Psychology” with at least a BB grade.To have passed the course Health Psychology I.
Recommended Resources	Aydemir, N., & Hocaoğlu Uzunkaya, A. (Eds.). (2020). Sağlık psikolojisi alan uygulamaları: Kronik hastalıklar. Nobel Akademik Yayıncılık.Baştuğ, G. (Ed.). (2021). Sağlık psikolojisinin temelleri. Nobel Yayıncılık.Miller, W. R., & Rollnick, S. (2013). Motivational interviewing: Helping people change (3rd ed.). Guilford Press.Ogden, J. (2019). Health psychology (6th ed.). McGraw Hill.Okyayuz, Ü. H. (Ed.). (2023). Sağlık psikolojisi. Türk Psikologlar Derneği Yayınları.Motivational Interviewing: Helping People ChangeMiller, W. R., & Rollnick, S. (2013). Motivational interviewing: Helping people change (3rd ed.). Guilford Press.Motivational Interviewing in Health Care: Helping Patients Change BehaviorRollnick, S., Miller, W. R., & Butler, C. C. (2008). Motivational interviewing in health care: Helping patients change behavior. Guilford Press.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Introduction to Communication in Healthcare Settings	
Week - 2		Core Communication Skills in Healthcare	
Week - 3		Advanced Communication Techniques and Patient Interaction	
Week - 4		Introduction to Motivational Interviewing	
Week - 5		Principles of Motivational Interviewing	
Week - 6		Techniques of Motivational Interviewing	
Week - 7		Practice and Evaluation of Motivational Interviewing	
Week - 8		Designing Behavior Change Interventions	
Week - 9		Evaluating Behavior Change Interventions	
Week - 10		Case Studies in Preventive Health Interventions	
Week - 11		Case Studies in Mental Health Interventions	

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 12		Collaborative Practice in Healthcare Teams	
Week - 13		Roles of Physicians, Nurses, Social Workers, and Educators	
Week - 14		Advanced Ethical Considerations in Applied Health Psychology	

Learning Outcomes

#	Learning Outcome
1	Demonstrate motivational interviewing skills in simulated settings.
2	Psikolojik ilkelere dayalı basit davranış değişikliği müdahaleleri tasarlamak.
3	Critically evaluate applied cases from a health psychology perspective.
4	Apply interdisciplinary collaboration in health-related contexts.
5	Communicate effectively with clients and other professionals.
6	Implement advanced ethical practices in applied health psychology.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.