Course Syllabus

Code - Course Title	**GEP506 - Addiction**
Course Type	II. SEMESTER
Laboratory + Practice	3+0
ECTS	**6.0**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	DOÇ. DR. TUĞBA GÖRĞÜLÜ

Mode of Delivery	Face-to-face
Prerequisites	None
Courses Recomended	Psychopathology
Recommended Resources	Miller, W. R., & Rollnick, S. (2023). Motivational Interviewing: Helping People Change (4th ed.). Guilford Press.American Psychiatric Association. (2022). Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR). American Psychiatric Publishing.National Institute on Drug Abuse (NIDA). (Güncel rapor ve kılavuzlar).
Work Placement	There is no compulsory work placement for this course. The course includes case analyses, critical evaluation of scientific literature, and applied learning activities.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Introduction to Addiction: Basic concepts, substance use, misuse, dependence, tolerance, withdrawal, and epidemiology	
Week - 2		Theoretical Perspectives on Addiction: Biological, psychological, social, and biopsychosocial models	
Week - 3		Neurobiology of Addiction: Reward system, dopamine pathways, brain circuits, and neuropsychological mechanisms	
Week - 4		Substance Use Disorders I: Alcohol, nicotine, and sedative-hypnotic use disorders	
Week - 5		Substance Use Disorders II: Opioids, stimulants, cannabis, hallucinogens, and other psychoactive substances	
Week - 6		Behavioral Addictions: Gambling disorder, internet addiction, gaming disorder, social media addiction, and related behavioral addictions	
Week - 7		Risk and Protective Factors in Addiction: Genetics, personality, family, peer influence, trauma, and environmental factors	
Week - 8		Psychological Assessment in Addiction: DSM-5-TR diagnostic criteria, clinical interview, screening, and assessment instruments	
Week - 9		Psychosocial Interventions I: Motivational Interviewing and Cognitive Behavioral Therapy	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 10		Psychosocial Interventions II: Acceptance and Commitment Therapy (ACT), Family-Based Interventions, and Group Therapies	
Week - 11		Pharmacological Treatments, Relapse Prevention, and Recovery	
Week - 12		Pharmacological Treatments, Relapse Prevention, and Recovery	
Week - 13		Prevention of Addiction: Mental health promotion, school-based prevention, community interventions, and addiction policies	
Week - 14		Contemporary Issues and Case Discussions: Recent developments, ethical considerations, and case analyses	

Learning Outcomes

#	Learning Outcome
1	Explain the fundamental concepts and different types of addiction. Evaluate the etiology of substance use disorders and behavioral addictions from a biopsychosocial perspective. Interpret the DSM-5-TR diagnostic criteria for addictive disorders. Describe the major psychological assessment methods and instruments used in addiction. Compare current psychosocial and pharmacological approaches to addiction treatment. Discuss prevention and early intervention strategies for addictive behaviors. Analyze addiction cases in accordance with ethical principles and scientific evidence. Critically evaluate current research findings in the field of addiction.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.