Course Syllabus

Code - Course Title	**PSİ453 - Addiction**
Course Type	VII. SEMESTER
Laboratory + Practice	3+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Area Elective Courses
Course Instructor(s)	ELİF ÇİSEM DİNÇ

Mode of Delivery	Face to face
Prerequisites	None
Recommended Resources	Görğülü, T. (Editor), & Demirbaş, H. (Editor), (2025). Aşermeler ve bağımlılıklar: Kabul ve kararlılık terapisi ile bağımlılık yapıcı davranışlarda mücadeleden kurtulun . Ankara: Nobel Yayınevi.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Introduction to Addiction	
Week - 2		Types of Addiction Substance addictions (alcohol, tobacco, drugs) Behavioral addictions (internet, gambling, shopping, gaming)	
Week - 3		Neurobiology of Addiction Brain reward system Relationship between dopamine and addiction Tolerance and withdrawal	
Week - 4		Psychological Factors Personality traits in addiction	
Week - 5		Social and Environmental Factors Influence of family, peer groups, and environment Cultural factors Socioeconomic influences	
Week - 6		Adolescence and Addiction Risk-taking behaviors Susceptibility to addiction during adolescence Preventive interventions	
Week - 7		Assessment and Diagnosis in Addiction	
Week - 8		Intervention Models I – Psychotherapeutic Methods	
Week - 9		Intervention Models II – Biological and Social Methods	
Week - 10		Addiction Treatment System in Turkey	
Week - 11		Prevention and Rehabilitation Programs	
Week - 12		Interventions for Behavioral Addictions	
Week - 13		Addiction in Special Populations	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 14		Case Presentations and Case Discussions	

Learning Outcomes

#	Learning Outcome
1	By the end of this course, students will be able to understand the concept of addiction and distinguish it from habit and misuse; they will also be able to define substance use disorders according to DSM-5 criteria. They will explain types of addictions (both substance and behavioral) with examples and evaluate the neurobiological, psychological, social, and environmental factors involved. Students will gain knowledge about addiction vulnerability in adolescence and related prevention strategies. They will become familiar with assessment tools and interview techniques used in diagnosing addiction and compare different intervention methods (psychotherapeutic, biological, and social). Finally, they will understand Turkey’s addiction support system and develop appropriate intervention plans based on case examples.
2	Students will critically analyze the individual and contextual risk and protective factors related to the development and maintenance of addiction, and apply this knowledge to design evidence-based prevention and intervention strategies tailored to different populations and addiction types.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.