Course Syllabus

Code - Course Title	**PSİ440 - Selected Topics in Clinical Psychology II**
Course Type	VIII. SEMESTER
Laboratory + Practice	3+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Area Elective Courses
Course Instructor(s)	DOÇ. DR. ÖMER ÖZER

Mode of Delivery	Face to Face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	PSI330 PsychopathologyPSI334 Observation and Interview TechniquesPSI335 Clinical Psychology
Recommended Resources	Bilişsel Davranışcı Terapi Temelleri ve Ötesi, Judith S. Beck NOBEL AKADEMİK YAYINCILIK

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Psychotherapy practices and approaches from past to present	
Week - 2		History and Basic Philosophy of Cognitive Behavioural Approach	
Week - 3		Basic Concepts in Cognitive Behavioural Therapy	
Week - 4		Case Formulation in Cognitive Behavioural Therapy	
Week - 5		First Interview and Session Structuring in Cognitive Behavioural Therapy	
Week - 6		Cognitive Techniques	
Week - 7		Cognitive Techniques	
Week - 8		Behavioral Techniques	
Week - 9		Behavioral Techniques	
Week - 10		CBT Protocols for different problems	
Week - 11		CBT Protocols for different problems	
Week - 12		CBT Protocols for different problems	
Week - 13		Cognitive Behavioural Approach in Children and Adolescents	
Week - 14		Cognitive Behavioural Approach in Children and Adolescents	

Learning Outcomes

#	Learning Outcome
1	Understands the theoretical framework of Cognitive Behavioural Therapy
2	Defines Cognitive Behavioural Therapy.
3	Explains the principles and basic concepts of Cognitive Behavioural Therapy.
4	Knows how to develop formulation and session planning in Cognitive Behavioural Therapy.
5	Knows different CBT protocols.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.