Course Syllabus

Code - Course Title	**RPD209 - Personality Theories**
Course Type	III. SEMESTER
Laboratory + Practice	3+0
ECTS	**4.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	PROF. DR. RAMAZAN AKDOĞAN

Mode of Delivery	The mode of delivery of this course is Face to face
Place of Delivery	On Campus
Used Educational Platforms	Face-to-face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	None
Recommended Resources	Yazgan İnanç, B. and Yerlikaya, E. E. (2026). Personality Theories (22nd Ed.). Ankara: Pegem Akademi.Çapri, B. (Ed.). (2025). Personality Theories from Past to Present (4th Ed.). Ankara: Nobel Akademik Yayıncılık.Cervone, D. and Pervin, L. A. (2016). Personality Psychology: Theory and Research. Ankara: Nobel Akademik Yayıncılık.Gençtanırım Kurt, D. and Çetinkaya Yıldız, E. (Eds.). (2019). Personality Theories: With Personality Analysis Examples from Real Life. Ankara: Pegem Akademi.
Work Placement	None
Aims of the Course	The primary aim of this course is to provide Guidance and Psychological Counseling students with an understanding of fundamental concepts related to personality and major theories of personality. The course examines major personality theories in terms of their basic assumptions regarding the formation, development, and functioning of personality. It also aims to enable students to explain key concepts related to personality, understand how different theoretical approaches account for personality development, and evaluate the similarities and differences among these approaches.

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		The Concepts of Personality and Theory	
Week - 2		Personality and Essences of Personality	
Week - 3		Factors Affecting Personality Development	
Week - 4		The Relationships among Personality Theories	
Week - 5		Psychoanalytic Theories: Sigmund Freud, Alfred Adler, Carl Gustav Jung,	
Week - 6		Psychoanalytic Theories: Harry Stack Sullivan, Erik Erikson	
Week - 7		Psychoanalytic Theories: Harry Stack Sullivan, Erik Erikson	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 8		Behavioral and Cognitive Theories: Burrhus F. Skinner, Neal E. Miller and John Dollard	
Week - 9		Behavioral and Cognitive Theories: Albert Bandura, George A. Kelly	
Week - 10		Humanistic/Existential Theories: Carl R. Rogers, Abraham H. Maslow	
Week - 11		Humanistic/Existential Theories: Abraham H. Maslow, Rollo R. May	
Week - 12		Trait Theories: Gordon W. Allport, Raymond B. Cattel	
Week - 13		Trait Theories: Hans J. Eysenck, Robert R. McCrea & Paul T. Costa	
Week - 14		General evaluation	

Learning Outcomes

#	Learning Outcome
1	explain the personality concepts and theories.
2	explain various aspects of personality development.
3	explain the personality theories.

Sustainable Development Goals

✓ Quality Education

Course Theme

✓ Educational Sciences and Educational Technologies

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

✓ Multiple Choice Test

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	40
Final Exam	1	60
	Sum (%)	**100**