Course Syllabus

Code - Course Title	**RPD309 - Counseling Principles and Techniques**
Course Type	V. SEMESTER
Laboratory + Practice	3+0
ECTS	**4.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	PROF. DR. BAKİ DUY

Mode of Delivery	The mode of delivery of this course is Face to face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	none
Recommended Resources	Chen ve Giblin (2020). Bireyle psikolojik danışma ve terapi - Beceriler ve terapiler (Çev. Ed. E. Çetinkaya Yıldız ve S. G. Çakır). Ankara: Nobel Yayınevi.Cormier, S. ve Hackney, H. (2015). Psikolojik danışma stratejiler ve müdahaleler (Çev. Ed. S. Doğan ve B. Yaka). Ankara: Pegem Akademi Yayıncılık.Egan, G (2011). Psikolojik danışma becerileri. İstanbul: Kaknüs Yayınları.Meier, S. T. ve Davis, S. R. (2014). Psikolojik danışma: Temel Öğeler. (Çev. Ed. S. Doğan). Ankara: Pegem Akademi Yayıncılık. Sperry, L. ve Sperry, J. (2016). Vaka Kavramsallaştırma: Kolay ve güvenilir bir şekilde kavramsallaştırmada uzmanlaşma (Çev. Ed. Ş. Işık ve B. Ergüner Tekinalp). Pegem Akademi. Young. M. E. (2019). Yardım Sanatını Öğrenme: Temel Yardım Becerileri ve Teknikleri (Çev. D. F. Bacanlı ve G. Yüksel) (1. Baskı). Ankara: Pegem Akademi
Work Placement	none

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		The principles and concepts of Psychological Counseling and Guidance	
Week - 2		The principles and concepts of Psychological Counseling and Guidance The similarities and differences between Psychological Counseling and Psychotherapy	
Week - 3		Establishing the helping relation	
Week - 4		The method and techniques of Psychological Counseling and Guidance	
Week - 5		The method and techniques of Psychological Counseling and Guidance	
Week - 6		Criteria of deciding counseling services	
Week - 7		The Initial stage of psychological counseling	
Week - 8		The transition stage of psychological counseling	
Week - 9		The working stage of psychological counseling	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 10		The final stage of psychological counseling	
Week - 11		Soma problems and coping strategies in the psychological counseling process	
Week - 12		The ways of Coping With resistence in Counseling	
Week - 13		The exercises of counseling	
Week - 14		Silence and its meanings in psychological counseling	

Learning Outcomes

#	Learning Outcome
1	Explain counseling process and its phases
2	Define therapeutic conditions.
3	Comprehend significance and function of therapeutic conditions.
4	Define basic and advanced therapeutic techniques which are used in psychological counseling and guidance process.
5	Associate with basic and advanced therapeutic techniques and therapeutic conditions in psychological counseling process.
6	Specify the way of constructing therepeutic conditions techniques
7	Apply basic psychological counseling and guidance techniques in case studies in a suitable forms.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0

AKTS Workload

Activity	Duration (Hour)	Count	Workload
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	40
Final Exam	1	60
	Sum (%)	**100**