Course Syllabus

Code - Course Title	**İLT214 - Human Relations and Communication**
Course Type	IV. SEMESTER
Laboratory + Practice	3+0
ECTS	**4.0**
Language of Instruction	Türkçe
Course Type	Required Courses

Mode of Delivery	The mode of delivery of this course is Face to face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	educational psychology
Recommended Resources	Kaya, A. (2012). Kişilerarası ilişkiler ve iletişim (Ed.). Anklara: PegemAkademi
Work Placement	None

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Meeting and providing information regarding course content, teaching strategies and evaluation.	
Week - 2		An Overview of Interpersonal Communication Skills: Definition, Being Respectful, Empathic Understanding, Active Listening, Being Concrete, Appropriate Self-disclosure, Using I-messages.	
Week - 3		Beginning & Development of Interpersonal Relations: Interpersonal communication, Role of Physical Environment, Interpersonal Relations, Types of Interpersonal Relations, Theoretical Approaches & Models.	
Week - 4		Listening in Interpersonal Relations & Communication: Listening Skills, Nonverbal Listenning Skills, Effective Listening, Passive Listening & Active Listening, Types of Noneffective Listening.	
Week - 5		Interpersonal Relations & Empathy: Empathy Related Concepts, Development of Empathy, Empathic Listening.	
Week - 6		Self-disclosure in Interpersonal Relations: Definition of Self-disclosure, Types of Self-disclosure, Risks of Self-disclosure, Self-disclosure in Counseling, Theoretical Explanations, Functions of Self-disclosure.	
Week - 7		Nonverbal Communication in Interpersonal Relations: Importance & Distinctions of Nonverbal Communication, Culture & Body Language, Components of Nonverbal Communication, Communication Environment and Distance.	
Week - 8		Interpersonal Relations & Assertiveness: Foundations & Definition of Assertiveness, Assertive Behavior, Classification of Assertiveness, Barriers to Being Assertive, Assertiveness Training.	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 9		Conflict in Interpersonal Relations & Communication: Definition of Conflict, Strategies of Conflict Management, Types of Conflict, Transactional Analysis & Conflict Mediation.	
Week - 10		Conflict in Interpersonal Relations & Communication: Transactional Analysis & Conflict Mediation.	
Week - 11		Interpersonal Relations & EQ: Emotion, Functions of Emotions, Classification of Emotions, Emotional Intelligence, Models of EQ, Critics of EQ.	
Week - 12		Family Relations & Communication: Definition of Family, Functions of Family, Types of Family, Parent & Child Relations, Parental Attitudes.	
Week - 13		Interpersonal Relations, Communication & Thinking Processes: ABC Model, Cognitive Errors, Interpersonal Beliefs.	
Week - 14		Summary & Evaluation.	

Learning Outcomes

#	Learning Outcome
1	Learns basic concepts and theories of interpersonel relations and communication, and applies these to his/her personal life and to a fictional scenario.
2	Discloses her/his problems in interpersonal relations in an encounter group, gains new insights about himself/herself regarding interpersonal relations and applies these new insights to his/her life.

Sustainable Development Goals

No content has been provided.

Course Theme

✓ Educational Sciences and Educational Technologies ✓ Communication Technologies and the IoT ✓ Society, Law and Communication

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0

AKTS Workload

Activity	Duration (Hour)	Count	Workload
		Calculated ECTS	0

Assessment Method and Passing Requirements

No content has been provided.