Course Syllabus

Code - Course Title	**RPD501 - Counseling Skills**
Course Type	I. SEMESTER
Laboratory + Practice	3+0
ECTS	**6.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	PROF. DR. BAHTİYAR ERASLAN ÇAPAN

Mode of Delivery	The mode of delivery of this course is Face to face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	human relations and communication
Recommended Resources	Brammer, L.M. (1985). The Helping Relationship. Process and skills. (3.ed). Library of Congress Cafa loging in Publication Data New Jersey. Carkhuff, R.R.; Pierce, R.M. ve Cannon, J.R. (1981). The art of helping IV Human Resource Development Pres, Inc. Massachusetts. Danısh, S.J. Augelli, A.R.D'; Hauer, A.L. (1994). Yardım Becerileri Temel Eğitim Programı. (Çev. F. Akkoyun), Form. Ofset, Ankara. Egan, G. (1994). Psikolojik Danışmaya Giriş. (Ed. F. Akkoyun), Form. Ofset, Ankara. Egan, G. (1994). Yardım Becerileri Alıştırmaları. (Çev. F. Akkoyun). Form Ofset, Ankara. Eggert, M. (1996) Perfect Counseling. Arrow Books, London. Hackney, H.L. ve Cormier, L.S. (1996). The Professional counselor. A process guide to helping (3. ed) A Simon and Schuster Company. Massachusetts. Ivey, A.E.; Ivey, M.M. ve Simek-Downing, L. (1987). Conseling and Psychotherapy, integrating skills, theory, and practice. Prentice-Hall International, Inc. New Jersey. Murgatroyd, S. (1996). Counseling and Helping. Psychology in Action, The British Psychlogical Society, London. Nealson-Jones, R. (1996). Relating Skills, A practical guide to effective personal relationships. Redjood Books, London. Patterson, C.H. (1974). Relationship Counseling and Psychotherapy. Harper and Row, Publishers. New York. Voltan-Acar, N. (1989). Terapötik İletişim Kişilerarası İlişkiler. Şafak Matbaası, Ankara.
Work Placement	N/A

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Principles of Psychological Counseling and Guidance	
Week - 2		Basic concepts of Psychological Counseling and Guidance	
Week - 3		The method and techniques of Psychological Counseling and Guidance	
Week - 4		Similarities and differences between therapy and counseling	
Week - 5		Structuring the assistive relation	
Week - 6		Structuring the assistive relation	
Week - 7		Helping skills	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 8		Verbal and nonverbal communication skills	
Week - 9		Criterions of deciding counseling services	
Week - 10		The beginning stage of psychological counseling	
Week - 11		The working stage of psychological counseling	
Week - 12		The working stage of psychological counseling	
Week - 13		The final stage of psychological counseling	
Week - 14		Problems and possible solutions in the counseling relationship	

Learning Outcomes

#	Learning Outcome
1	Explaining the counseling process and it’s phases
2	Defining the therapeutic conditions.
3	Understanding the significance and function of therapeutic conditions
4	Defining basic and advanced therapeutic techniques which are used in psychological counseling and guidance process.
5	Associating the basic and advanced therapeutic techniques with therapeutic conditions in psychological counseling process.
6	Specifying the way of constructing therepeutic conditions techniques
7	Applying basic psychological counseling and guidance techniques in case studies appropriately

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.