Course Syllabus

Code - Course Title	**DKT319 - Child Psychology and Adaptation Problems**
Course Type	III. SEMESTER
Laboratory + Practice	2+0
ECTS	**3.0**
Language of Instruction	Türkçe
Course Type	Area Elective Courses
Course Instructor(s)	PROF. DR. ELÇİN TADIHAN ÖZKAN

Mode of Delivery	Face to face
Place of Delivery	On Campus
Used Educational Platforms	Face-to-face
Prerequisites	There are no prerequisites or co-requisites for this course.
Courses Recomended	None
Recommended Resources	1.Çocuk Ruh Sağlığı (E-Kitap) Anadolu Üniversitesi Açıköğretim Fakültesi Yayın No:2200, Açıköğretim Fakültesi Yayın No:1209 2.Çocuk Ruh Sağlığı.Atalay Yörükoğlu,İnkılap Kitabevi.3.İnsan ve Davranışı, Doğan Cüceloğlu,Remzi Kitabevi.
Work Placement	None
Aims of the Course	The objective is to provide students with fundamental knowledge regarding mental health, psychological development, psychological disorders, and adjustment problems during childhood, and to enable them to relate this knowledge to the assessment and referral of children with language and speech disorders.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1	**LO-1** **LO-2**	The Concept of Mental Health	Lecture
Week - 2	**LO-1** **LO-2**	Various Theories Related to the Concept of Mental Health	Lecture
Week - 3	**LO-3**	Psychological Maturity	Lecture
Week - 4	**LO-4**	Child Mental Health	Lecture
Week - 5	**LO-5**	Stages of Psychological Development	Lecture
Week - 6	**LO-5**	Definition of Mental Disorders	Lecture
Week - 7	**LO-5**	Causes of Mental Disorders	Lecture
Week - 8	**LO-5**	General Symptoms of Mental Disorders	Lecture
Week - 9	**LO-6**	Defense Mechanisms Developed by the Individual	Lecture
Week - 10	**LO-7**	Mental Health in the Family	Lecture

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 11	LO-8	Adjustment Problems in Children	Lecture
Week - 12	LO-8	Causes of Adjustment Problems	Lecture
Week - 13	LO-9	Childhood Neuroses and Childhood Psychoses	Lecture
Week - 14	LO-1 LO-2 LO-3 LO-4 LO-5 LO-6 LO-7 LO-8 LO-9 LO-10	General Review	Question & Answer

Learning Outcomes

#	Learning Outcome
1	Explains the concept of mental health and the key factors that affect it.
2	Compares fundamental theories and approaches related to mental health.
3	Explains the concept of psychological maturity and its importance in an individual's developmental process.
4	Describes the characteristics of child mental health and mental development stages.
5	Distinguishes the definition, causes and general symptoms of mental disorders.
6	Explains the defense mechanisms used by individuals with examples.
7	Evaluates the effects of family structure and intra-family relationships on mental health.
8	Explains the causes and consequences of adjustment problems seen in children.
9	Describes the basic characteristics of childhood neuroses and psychoses.
10	Evaluates fundamental approaches and recommendations for protecting children's mental health.

Sustainable Development Goals

✓ Health and Quality of Life

Course Theme

✓ Health Sciences and Medical Technologies

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	2.00	14	28
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	2.00	14	28
Ödevler	0.00	0	0
Proje - Rapor - Sunum Hazırlama	0.00	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	7.00	1	7
Final Sınavı Hazırlığı (sınav süresi dahil)	7.00	1	7

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0.00	0	0
Staj Uygulaması	0.00	0	0
		Calculated ECTS	**3.0**

Assessment Method and Passing Requirements

✓ Multiple Choice Test

Community Service Activity

This course does not include any Community Service activities.