Course Syllabus

Code - Course Title	**BDY315 - Nutrition Therapy in Diseases I**
Course Type	V. SEMESTER
Laboratory + Practice	3+2
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	DOÇ. DR. HİLAL HIZLI GÜLDEMİR

Mode of Delivery	This course will only face-to-face training.
Recommended Resources	1.Baysal, A., ve ark., (2002). Diyet El Kitabı, 4. Baskı, Hatipoğlu Yayınevi, Ankara. 2.Baysal, A., Baş, M (Ed) (2008). Yetişkinlerde Ağırlık Yönetimi, Ekspress Baskı A.Ş., İstanbul. 3.Shills, M.E., Olsan, J.A., Shike, M., (1994). Modern Nutrition in Health and Disease, Lea&Febiger;, USA.4.Mahan, L.K., Arlin, M.T.,(2002). Krause's Food, Nutrition and Diet Therapy, 8th ed, W.B. Saunders Company, USA. 5.Türk Kardiyoloji Seminerleri, 2008. 6.International Journals of Nutrition and Dietetics (European J Clin Nutr, JADA, Am J Clin Nutr, etc.) and books.

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Introduction to Diet in Diseases	
Week - 2		Obesity and Nutrition	
Week - 3		Obesity and Nutrition	
Week - 4		Lean, Anorexia Neurosa, Blumia Neurosa and Nutrition	
Week - 5		Cardiovascular Diseases and Nutrition	
Week - 6		Cardiovascular Diseases and Nutrition	
Week - 7		Diabetes Mellitus and Nutrition	
Week - 8		Diabetes Mellitus and Nutrition	
Week - 9		Gastro-Intestinal System Diseases and Nutrition	
Week - 10		Gastro-Intestinal System Diseases and Nutrition	
Week - 11		Movement System Diseases and Nutrition	
Week - 12		Movement System Diseases and Nutrition	
Week - 13		Reactive Hypoglycemia, Metabolic Syndrome and Nutrition	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 14		Fiber and its interaction with health	

Learning Outcomes

#	Learning Outcome
1	Knows the evaluation of nutritional status of diseases in adults.
2	Learns the methods of monitoring medical nutrition therapy of diseases in adults.
3	Interprets the interaction of the etiology, findings and complications of acute and chronic diseases with nutrition in adults.
4	Applies the medical nutrition treatment methods of these diseases in adult individuals.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.