Course Syllabus

Code - Course Title	**ÇGE223 - Child Nutrition**
Course Type	II. SEMESTER
Laboratory + Practice	2+0
ECTS	**4.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	NAZAN SEMİZ

Mode of Delivery	The mode of delivery of this course is Face to face
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	N/A
Recommended Resources	Köksal, G. ve Gökmen, H.; Çocuk Hastalıklarında Beslenme Tedavisi, Hatipoğlu Yayınları, 2000.Baysal A. ve Arslan P.; Çocuk Yemekleri, Özgür Yayınları,1997.Merdol, T.K.; Okul öncesi Dönem Eğitimi Veren Kişi ve Kurumlar İçin Beslenme Eğitimi Rehberi, Özgür Yayınları, 1999.Baysal, A., Beslenme, Ankara 1990.Köksal ve ark.; Anne ve Çocuk Beslenmesi.
Work Placement	N/A

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Nutrition; Stages in child nutrition	
Week - 2		Metabolism; Energy Metabolism, Energy Requirement	
Week - 3		Food items; Proteins, Fats, Carbohydrates, Mineral substances, Vitamins, Water	
Week - 4		Nutrition in Pregnancy; Nutritious Mother's Nutrition	
Week - 5		Breast milk: benefits of breastmilk, comparison of breast milk and cow's milk,	
Week - 6		Breastfeeding techniques, Breastfeeding, Breastfeeding techniques	
Week - 7		Breastfeeding techniques	
Week - 8		Mixed Nutrition	
Week - 9		Starting Additional Foods; Artificial Nutrition; Feeding with Cow's Milk	
Week - 10		Nutrition Disorders; Nutrition in Special Conditions and Diseases: Premature feeding,	
Week - 11		Loss of appetite and appetite, Nutritional allergies, Food poisoning	
Week - 12		Diarrhea, Nutrition of sick children; Milk Foods	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 13		School Age Child and Nutrition	
Week - 14		Nutrition During Adolescence	

Learning Outcomes

#	Learning Outcome
1	Learning outcomes, By the end of these course student, 1. Will be able to express adequate and balanced diet. 1.1. Examines the several concepts of nutrition. 1.2. Explains elements of nutrition. 1.3. Lists rules of adequate and balanced diet. 1.4. Debates whether he/she applies or not learned things for his/her nutritions. 2. Will be able to compose nutrition program for preschool children. 2.1. Examines physiological property of preschool children. 2.2. Examines psychological feature of preschool children. 2.3. Composes menu for prescchool.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.