Course Syllabus

Code - Course Title	**YAB106U - Conflict & Stress Management in Elderly I**
Course Type	II. SEMESTER
Laboratory + Practice	0+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	Associate Prof. Dr. Bahtiyar Eraslan ÇAPAN

Mode of Delivery	Distance Education
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	There is no recommended optional programme component
Recommended Resources	Textbook of Conflict and Stress Management in the Elderly 1
Work Placement	There is no practice and work placement in this course.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Longevity of human life and its implications	
Week - 2		Stress, Stress and Stress Coping Approaches	
Week - 3		Stress, Stress and Stress Coping Approaches	
Week - 4		Factors affecting the psychological needs of the elderly	
Week - 5		Stress and ways of coping with stress in elderly	
Week - 6		Stress and ways of coping with stress in elderly	
Week - 7		Midterm	
Week - 8		Development of conflict approaches and skills in the elderly	
Week - 9		Development of problem solving approaches and skills in the elderly	
Week - 10		Well-being, resilience of elderly, the factors improving elderly	
Week - 11		Well-being, resilience of elderly, the factors improving elderly	
Week - 12		Anger, anxiety in elderly and ways of coping	
Week - 13		Burnout in the elderly	
Week - 14		Burnout and ways of coping in the elderly	

Learning Outcomes

#	Learning Outcome
1	Understand the developmental characteristics of the elderly
2	Will be able to understand the methods of coping with stress of the elderly
3	Understand the factors that will improve the well-being of the elderly
4	Will be able to understand the methods of coping with burnout of the elderly

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	30
Final Exam	1	70
	Sum (%)	**100**