Course Syllabus

Code - Course Title	**YAB107U - Conflict & Stress Management in Elderly II**
Course Type	III. SEMESTER
Laboratory + Practice	0+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	ASSOC. PROF. DR. EMRE BİRİNCİ

Mode of Delivery	Distance Education
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	There is no recommended optional programme component
Recommended Resources	Türküm, A.S.(2016). Yaşlilarda Çatişma ve Stres Yönetimi II (Ed.) Eskişehir: Anadolu Üniversitesi Web-Ofset.
Work Placement	There is no practice and work placement in this course.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Living With the Elderly	
Week - 2		The Factors That Make it Easier to Cope with Stress of Elderly's Relatives and Caregivers	
Week - 3		Personality Features of Elderly's Relatives and Caregivers	
Week - 4		Elderly's Relatives and Caregivers' Coping Strategies with Stress	
Week - 5		Wellbeing of Elderly's Relatives and Caregivers	
Week - 6		The Factors That Make it Easier to develop Elderly's Relatives and Caregivers’ wellbeing	
Week - 7		Midterm	
Week - 8		Elderly's Relatives and Caregivers’ ways of Coping with Burnout	
Week - 9		Development of Problem Solving Skills for the Elderly's Relatives and the Professional Caregivers	
Week - 10		Elderly Negotiaton	
Week - 11		Planning Leisure Time Activities in Stress Management for the Elderly	
Week - 12		Applying Leisure Time Activities in Stress Management for the Elderly	
Week - 13		Neglecting and abusing of Elderly	
Week - 14		Final Exam	

Learning Outcomes

#	Learning Outcome
1	Explaining the factors that make it easier for the elderly's relatives and caregivers to cope with stress
2	Explaining stress coping strategies for relatives and caregivers of the elderly
3	To be able to organize leisure time activities in stress management in the elderly
4	Explain the management of conflicts with elderly individuals and their families.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	30
Final Exam	1	70
	Sum (%)	**100**