Course Syllabus

Code - Course Title	**YAB211U -**
Course Type	III. SEMESTER
Laboratory + Practice	0+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Elective Courses
Course Instructor(s)	PROF. DR. RAMAZAN AKDOĞAN

Mode of Delivery	Distance Education
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	There is no recommended course related to this one.
Recommended Resources	Aldemir, M. & Adalı, F. (2013). Yaşlılarda güncel sağlık sorunları ve bakımı. M. Altındiş (Ed). Yaşlılarda kalp ve dolaşım sistemi hastalıkları. s. 115-121. İstanbul, İstanbul Tıp Kitabevi. Kahveci, G. (2015). Yetişkinlik ve yaşlılık gelişimi ve psikolojisi. H. Bacanlı ve Ş. Işık-Terzi. (Eds). (3. Baskı). Fiziksel gelişim. s. 139-187. İstanbul, Açılım kitap. Kanar, H.K. (2012). Yaşlıya Psikolojik Destek. I. Baral- Kulaksızoğlu, N. Yücel, H. K. Akyüz ve R. N. Ekşioğlu. (Eds). Yaşlılarla iletişim, s. 179-192. İstanbul, İBB Basımevi, MEB (2011a). Yaşlılıkta görülebilen uyum sorunları. Milli Eğitim Bakanlığı Resmi Web Sitesi. Retrieved from: http://www.megep.meb.gov.tr/mte_program_modul/moduller_pdf/ 2.10.2015. Onur, B. (1995). Gelişim psikolojisi: yetişkinlik, yaşlılık, ölüm. (3. Baskı). Ankara, İmge Kitabevi.Santrock, J. W. (2012). Yaşam boyu gelişim: gelişim psikolojisi. G. Yüksel, (Çev. Ed). Ankara: Nobel Akademik Yayıncılık Eğitim Danışmanlık.Yıldız-Kökenek, Y. (2012). Yaşlıya psikolojik destek. I. Baral- Kulaksızoğlu, N. Yücel, H. K. Akyüz & R. N. Ekşioğlu. (Eds). Normal yaşlılık ve yaşlanma psikolojisi, s. 13-27). İstanbul, İstanbul Büyükşehir Belediyesi Basımevi.
Work Placement	There is no practice and work placement in this course.

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Aging and Adjustment: Adjustment process and developmental tasks	
Week - 2		Aging and Adjustment: Adjustment disorders	
Week - 3		Adjustment difficulties due to physical health problems in old age: Primary factors impairing adjustment	
Week - 4		Adjustment difficulties due to physical health problems in old age: Secondary factors impairing adjustment	
Week - 5		Dysregulation of cognitive functions in old age and adjustment difficulties caused by impairment	
Week - 6		Difficulties in adaptation due to work life and retirement in old age	
Week - 7		Midterm	
Week - 8		Mourning in old age and adjustment: Main concepts and the nature of mourning	

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Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 9		Mourning in old age and adjustment: Risky and protective faktors	
Week - 10		Difficulties in adjustment caused by psychological disorders that are frequently encountered in old age	
Week - 11		Psychological problems which developed basen on personality and suitable approch in old age: Personality and personality disorder	
Week - 12		Yaşlılıkta kişilik zemininde gelişen psikolojik sorunlar ve yaşlıya yaklaşım: Kişilik özellikleri bağlamında yaşlıya yaklaşım	
Week - 13		Psychological problems and urgent intervention in old age and suitable approach	
Week - 14		Final exam	

Learning Outcomes

#	Learning Outcome
1	Being able to explain adaptation and the factors affecting adaptation of elderly with adaptation concepts
2	Being able to describe deprivations and diseases and personality characteristics affecting adjustment
3	Being able to describe deprivations and diseases and personality characteristics affecting adjustment
4	Being able to explain career and retirement in elderly and discuss their effects on adjustment
5	Being able to explain the importance of loses and mourning for elderly and deal with these appropriately
6	Being able explain common psychological problems of elderly and their effects on adjustment
7	Being able to define personality-based psychological problems and approach elderly appropriately.
8	Being able to describe psychological problems of elderly requiring emergent interventions and explain the things be done during emergency.

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	30
Final Exam	1	70
	Sum (%)	**100**