Course Syllabus

Code - Course Title	**SAĞ105U -**
Course Type	III. SEMESTER
Laboratory + Practice	0+0
ECTS	**5.0**
Language of Instruction	Türkçe
Course Type	Required Courses
Course Instructor(s)	PROF. DR. ÖZLEM ATLI EKLİOĞLU

Mode of Delivery	Distance Education
Prerequisites	There is no prerequisite or co-requisite for this course.
Courses Recomended	There is no recommended optional programme component for this course.
Work Placement	Not Applicable

Course Syllabus

Weeks	Learning Outcomes	Topics	Teaching Methods
Week - 1		Basic concepts of health	
Week - 2		Reproduction	
Week - 3		Mother-child health	
Week - 4		Aging	
Week - 5		Physiology of aging	
Week - 6		Exercise	
Week - 7		Mid term exam	
Week - 8		Nutrition	
Week - 9		Hygiene	
Week - 10		Sanitation	
Week - 11		Body and organ systems	
Week - 12		System diseases	
Week - 13		Chronic diseases	
Week - 14		final examination	

Learning Outcomes

#	Learning Outcome
1	Will be able to define health.
2	Explain the importance of reproductive health services
3	Defines normal biological aging and senility
4	Defines the differences between physical activity and exercise
5	Defines adequate, balanced and healthy nutrition
6	Explain the concept of hygiene and the importance of hygiene
7	Evaluates the systems in our body and some system-specific diseases.
8	Defines the concept of chronic disease and its characteristics

Sustainable Development Goals

No content has been provided.

Course Theme

No content has been provided.

AKTS Workload

Activity	Duration (Hour)	Count	Workload
Teorik Derse Katılım	0	0	0
Sınıf Dışı Çalışma (Ön Hazırlık & Pekiştirme Amaçlı)	0	0	0
Ödevler	0	0	0
Proje - Rapor - Sunum Hazırlama	0	0	0
Ara Sınav Hazırlığı (sınav süresi dahil)	0	0	0
Final Sınavı Hazırlığı (sınav süresi dahil)	0	0	0
Uygulama (Laboratuvar, Müzik/Enstrüman Uygulaması, Atölye/Saha Çalışması vb.)	0	0	0
Staj Uygulaması	0	0	0
		Calculated ECTS	**0**

Assessment Method and Passing Requirements

No content has been provided.

Assessment Method and Passing Requirements	Quamtity	Percentage (%)
1.Midterm Exam	1	30
Final Exam	1	70
	Sum (%)	**100**